



CHRIST EPISCOPAL CHURCH

BLUEFIELD, WEST VIRGINIA

Fifth Sunday after Epiphany

February 4, 2024



200 Duhring Street, Bluefield, WV 24701

(304) 327-6861

www.cec.org

Prelude

The people stand

The Processional Hymn

Songs of thankfulness and praise

H 135

Welcome!

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his Kingdom, now and for ever. *Amen.*

The Collect for Purity

Celebrant

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

The people remain standing.

Hymn of Praise

O bless the Lord, my soul!

H 411

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Collect for the Day

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

The people sit.

The First Lesson

Isaiah 40:21-31

Have you not known? Have you not heard?

Has it not been told you from the beginning?

Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;

who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
who brings princes to naught,
and makes the rulers of the earth as nothing.
Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.
To whom then will you compare me,
or who is my equal? says the Holy One.
Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.
Why do you say, O Jacob,
and speak, O Israel,
"My way is hidden from the LORD,
and my right is disregarded by my God"?
Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
He gives power to the faint,
and strengthens the powerless.
Even youths will faint and be weary,
and the young will fall exhausted;
but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,

they shall run and not be weary,
they shall walk and not faint.

Lector The Word of the Lord.

People Thanks be to God!

The Psalm

Psalm 147:1-12, 21c

Laudate Dominum

The Psalm will be read responsively by whole verse

1. Hallelujah!

How good it is to sing praises to our God! how pleasant it is to honor him with praise!

2. The LORD rebuilds Jerusalem; he gathers the exiles of Israel.

3. He heals the brokenhearted and binds up their wounds.

4. He counts the number of the stars and calls them all by their names.

5. Great is our LORD and mighty in power; there is no limit to his wisdom.

6. The LORD lifts up the lowly, but casts the wicked to the ground.

7. Sing to the LORD with thanksgiving; make music to our God upon the harp.

8. He covers the heavens with clouds and prepares rain for the earth;

9. He makes grass to grow upon the mountains and green plants to serve mankind.

10. He provides food for flocks and herds and for the young ravens when they cry.

11. He is not impressed by the might of a horse; he has no pleasure in the strength of a man;

12. But the LORD has pleasure in those who fear him, in those who await his gracious favor.

21c. Hallelujah!

Second Lesson

1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my

proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Lector The Word of the Lord.

People Thanks be to God!

The people standing.

Hymn

Immortal, invisible, God only wise

H 423

The Gospel Lesson

Mark 1:29-39

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he

went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon

The Rev. Paul Barker

The Nicene Creed

BCP 358

All stand as they are able and say together:

We believe in one God,

the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People, Form III

BCP 387

The people may stand or kneel.

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for Michael, our Presiding Bishop, Matthew, our Bishop, for Paul
our Priest, and for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest;
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

In our Diocesan Cycle of prayer, we pray for Zion, Charles Town and Mr.
Zion, Hedgesville.

We pray for all who are on our parish prayer list, and for any others that we might now name, either silently or aloud

Pause

We pray for all who have died, especially our loved ones who have gone before us, and for any others that we might now name, either silently or aloud

Pause

We give thanks for all of the blessings of this life, for our family, friends and loved ones, and for any other thanksgivings we might now name, either silently or aloud.

Pause

The Celebrant concludes the prayers

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. *Amen.*

The Confession of Sin

BCP 360

The celebrant says

Let us confess our sins against God and our neighbor

Silence may be kept

The Celebrant and people say:

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.

We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,
have mercy on us and forgive us;

that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

The people may greet one another with a sign of God's love.

Announcements

The Holy Communion

Offertory Hymn *O for a thousand tongues to sing*

H 493

After the Offertory piece has been played the People stand and sing to the familiar tune of the "Old 100th"

Praise God, from whom all blessings flow;

Praise Him, all creatures here below;

Praise Him above, ye heavenly host:

Praise Father, Son, and Holy Ghost.

The people remain standing

Eucharistic Prayer A

BCP 361

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and every-where to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Hymnal 1982, Service Music, #130

Ho - ly, ho - ly, ho - ly Lord, God of power and

The first system of musical notation consists of a treble and bass staff in a 3/4 time signature with a key signature of two flats. The melody is primarily composed of chords, with some single notes in the treble staff. The lyrics are placed below the notes.

might, Ho - ly, ho - ly, ho - ly Lord,

The second system continues the musical notation. It features a long melisma (a horizontal line) under the word "might," in both the treble and bass staves. The lyrics "Ho - ly, ho - ly, ho - ly Lord," are placed below the notes.

God of power and might, hea - ven and earth are

The third system concludes the musical notation. It features another long melisma under the word "might," in both the treble and bass staves. The lyrics "God of power and might, hea - ven and earth are" are placed below the notes.

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

The people stand or kneel. Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior
Christ has taught us,
we are bold to say,
People and Celebrant
Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

The Celebrant then breaks the Consecrated Bread and says
Alleluia! Christ our Passover is sacrificed for us;
People Therefore let us keep the feast. Alleluia.

The Celebrant then presents the Sacrament to the People
The Gifts of God, for the People of God. Take
them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with
thanksgiving.



The Distribution of the Holy Sacrament

All baptized Christians, regardless of age or denomination, are invited and encouraged to receive the sacrament. Communion is distributed at the altar rail. It is the tradition of this parish that 12 to 14 people at a time receive

communion at the altar rail, at which point all are dismissed together to return to their seats and another group may move forward to the rail. If you need assistance receiving the sacrament, please notify the usher. Gluten free wafers are available by asking the priest. If you do not wish to receive the sacrament but would like to receive a blessing, please join us at the rail and cross your arms over your chest. Depart through the doors at either side of the rail, returning to your pew through the door by the reader's lectern.

The Prayer for Spiritual Communion

Should you prefer not to receive the physical elements of the Holy Communion, you are invited to read the following in silent prayer:

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. And since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

Communion Hymn

In Christ there is no East or West

H 529

Our Prayer after Communion

BCP 365

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.

Send us now into the world in peace,
and grant us strength and courage
to love and serve you

with gladness and singleness of heart;
through Christ our Lord. Amen.

The Blessing

Recessional Hymn

O for a closer walk with God

H 683

The Dismissal

Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude

Please Keep the Following in Your Prayers: Dorene Dimes, Bonnie Taylor, Joe Sanders, Bob and Peggy Walk, Martha Linkous, Buck Sowers, Donna Fortune, Ed and Gladys Fortune, Jim and Chris Justice, Ivy and the Gaines Family, Fr. Russ and Debbie Hatfield and family, Mary Lou, Brian, Don Harris, Ted and Katherine Lewis, Jim Dyer, Kathy Elick, Brian, John and Becky Beckett, the Wimmer family, Lane, Sherry, Scot, Max, Brad, Sandi, Joan, Mike Boosier, Pam Spracher, Barry Dinger, Joel Hammond, Martin and Ethan, Jim, Joan Gray, Rosemary, Eddie Hughes, Doug Truter, Jenessa, Ameiah, Beth Kane, Debbie H, and Tim M.

Following our service will be Coffee Hour, hosted by Tim and Maggie Mainland. This is a time for us to have fellowship, share our joys, learn ways we can pray for each other, and get to know one another better. It is very much an extension of the communal feast we share in the Holy Eucharist. Please join us!

Participants in Today's Liturgy

Celebrant

The Rev. Paul Barker

Organist & Choirmaster

Terry E. Whittington, Jr.

Acolyte

Rob Merritt

Lector

Don Williams

Altar Guild

Linda Ammar, Elizabeth Clement, Lisa Van Dyke

Birthdays this week: Kathy Walk, Peggy Walk

The Altar Flowers are given by Jim and Chris Justice
for the greater Glory of God.

Calendar of Events

Tuesday – February 13	Shrove Tuesday Pancake Dinner 5:30-7:00pm
Wednesday – February 14	Ash Wednesday Services at Noon and 5:30pm Union Mission 4:00pm
Thursday – February 15	Food Pantry 9:00-11:00am
Tuesday – February 20	DOK meeting 10:30am
Wednesday – February 21	Lenten Evening Prayer Service 5:30-6:00pm Men’s Dinner 6:00pm Vestry Meeting 7:00pm
Wednesday – February 28	Union Mission 3:30pm Lenten Evening Prayer Service 5:30-6:00pm

Announcements:

Food Pantry Collection: A bin has been placed in the narthex for blankets, which may be homemade, purchased, or gently used. Thank you so much for your participation in this community need!

Parish Life: If you’d like to serve on the Parish Life Committee, the sign-up sheet is in the narthex. Thank you!

Announcements: If you would like to add an announcement to the weekly bulletin, please call or submit it by email to the office by Tuesday noon.

Clergy, Staff, and Wardens of this Parish

The Rev. Paul Barker	Priest
Mr. Terry E. Whittington, Jr.	Organist & Choirmaster
Ms. Emma Bennett	Parish Administrator
Mrs. Vanessa Hall	Sexton
Mrs. Becky Beckett	Senior Warden
Mr. Peter Richardson	Junior Warden